

Counselor Education *Wellness Works* presents:

Spiritual Cinema Circle



International independent spiritual filmmakers are creating movies with heart and soul every year but their films never get into the theaters. Spiritual Cinema Circle is a collection of entertaining films that inspire love and compassion, films that connect us with the world around us. Feel free to bring your lunch and join us in watching & discussing these short films:

Flight of the Stone (15 minutes) In Europe, a cobblestone is flung at an enemy. However, it misses its target and enters the earth's orbit, where it observes human relationships and conflicts until it returns to the person who threw it. The stone hurtles through villages in Germany, across harbors in Brittany, through the desert in Arizona, over rice fields in Japan, and temples in Thailand, across the endless barren steppe in India, and over various islands around the world.

Chalk (17 minutes) Messages of hope can come to us in any number of ways, and in this film they show up in the form of chalk on a sidewalk. A woman, lost in the blues of a bad breakup, finds reason to hope again in messages that mysteriously appear on a sidewalk each night. This film reminds us how important a gentle nudge from our spiritual teachers can be, and how dependent we can become on their messages.

Freedom From Within (5 minutes) This award-winning short film cleverly conveys our human struggle with the beliefs we hold about ourselves and the world around us, showing how these beliefs can keep us from our expansive true nature. Are you ready for freedom?

Wednesday, January 28, 2009

11:45 – 12:45 pm

Norman 1327B

Presented by

Cheryl Pence Wolf

If you have any comments, questions or suggestions for future wellness activities, please contact:

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