

Counselor Education *Wellness Works* presents:

Spiritual Cinema Circle



International independent spiritual filmmakers are creating movies with heart and soul every year but their films never get into the theaters. Spiritual Cinema Circle is a collection of entertaining films that inspire love and compassion, films that connect us with the world around us. Feel free to bring your lunch and join us in watching & discussing these short films:

Jillian's Vantage (23 minutes) A romantic mystery about two very different people who meet under unusual circumstances after the experience of a tragic loss. It is very touching and has an ending that will catch you by surprise.

American Made (30 minutes) When an East Indian family, long-time residents of the United States, breaks down in the desert during a road trip in their American-made Jeep, they find themselves stranded on the side of a little traveled highway. Who will help them? Can the father, a Sikh, understand the world his two young adult sons are now living in? Can the sons accept the father as he is? This is a beautiful story of familial love and loyalty that demonstrates the flexibility needed during this time in history of our religion, faith and beliefs.

Yoga, Noga, Reyoga (Union, Separation, Reunion) (5 minutes) A tongue in cheek take on the meaning of yoga (union), is the beautifully animated inner journey of two young monks who find themselves competing for enlightenment. How are we supposed to remain focused and strong with so many outside distractions?

Wednesday, February 25, 2009

11:45 – 12:45 pm

Norman 1327B

Presented by

Cheryl Pence Wolf

If you have any comments, questions or suggestions for future wellness activities, please contact:

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